



Library of Resources

Links to Useful Information on Safe Routes to School Policies and Practices

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I. POLICY

NATIONAL POLICY

CDC Recommendations for Improving Health through Transportation Policy.

CDC Transportation Recommendations (2010). Atlanta, GA: U.S. Centers for Disease Control and Prevention.

<http://www.cdc.gov/transportation/docs/FINAL%20CDC%20Transportation%20Recommendations-4-28-2010.pdf>

F as in Fat: How Obesity Threatens America's Future. Jeffery Levi, Serena Vinter, Liz Richardson, Rebecca St. Laurent, JD, Laura M. Segal, MA (2010). Washington, DC: Trust for America's Health.

<http://www.rwjf.org/files/research/20100629fasinfatmainreport.pdf>

Travel to School: The Distance Factor. National Household Travel Survey (2008). Washington, DC: U.S. Department of Transportation, Federal Highway Administration.

<http://nhts.ornl.gov/briefs/Travel%20To%20School.pdf>

Complete Streets/Bicycling and Walking

Bicycling and Walking in the United States: 2010 Benchmarking Report. Kristen Steele, Monica Altmeier (January 2010). Washington, DC: Alliance for Biking and Walking.

http://peoplepoweredmovement.org/site/images/uploads/2010_Benchmarking_FINAL_1.25.09-Web.pdf

Dangerous by Design: Solving the Epidemic of Preventable Pedestrian Deaths (and Making Great Neighborhoods). Michelle Ernst, Lilly Shoup (2009). Washington, DC: Transportation for America.

<http://t4america.org/blog/2009/11/09/dangerous-by-design/>

Planning Advisory Report Number 559: "Complete Streets: Best Policy And Implementation Practices. Barbara McCann, Suzanne Rynne (2010). Washington, DC: American Planning Association Planning Advisory Service. PAS subscribers should receive the report in April 2010.

[Additional copies](#) are available through APAPanningBooks.com

Recommended Community Strategies and Measurements to Prevent Obesity in the United States. Laura Kettel Khan, Kathleen Sobush, Dana Keener, Kenneth Goodman, Amy Lawry, Jakub Kakiemek, Susan Zaro (2009). Atlanta, GA: Coordinating Center for Health Information and Service, Centers for Disease Control and Prevention (CDC), U.S. Department of Health and Human Services.

<http://www.cdc.gov/mmwr/preview/mmwrhtml/rr5807a1.htm>

The Transportation Prescription: Bold New Ideas for Healthy, Equitable Transportation Reform in America. Judith Bell, Larry Cohen, Shireen Malekafzali (July 2009). Oakland, California & New York, New York: Convergence Partnership.

<http://preventioninstitute.org/component/jlibrary/article/download/id-259/127.html>

Federal Safe Routes to School Program

Federal Safe Routes to School Goals for SAFETEA-LU: Adopted at the SRTS National Partnership's Annual Meeting. (September 2006) Madison, Wisconsin: Safe Routes to School National Partnership. <http://www.saferoutespartnership.org/national/45980/242562>

Safe, Accountable, Flexible, Efficient Transportation Equity Act: A Legacy for Users (SAFETEA-LU). Public Law 109-59, Sec. 1404. Safe Routes to School Program. <http://www.saferoutespartnership.org/national/45980/242473>

Safe Routes to School: Progress in Implementing the Program but a Comprehensive Plan to Evaluate Program Outcomes is Needed. The Government Accountability Office (GAO) Report to the Ranking Member, Committee on Environment and Public Works, U.S. Senate. (July 2008) Washington, DC: GAO. <http://www.gao.gov/cgi-bin/getrpt?GAO-08-789>

Safe Routes to School: Transportation Legacy: A National Strategy to Increase Safety and Physical Activity among American Youth. Report of the National Safe Routes to School Task Force (July 2008). Washington, DC: U.S. Department of Transportation. http://www.saferoutesinfo.org/task_force/collateral/task_force_report.web.pdf

School Siting

"The ABCs of Creating and Preserving Accessible Community Schools." Bruce Appleyard and Tim Torma, contributors to *Planning Active Communities* by Marya Morris. (2006). Washington, DC.: American Planning Association, Planning Advisory Service. Report Number 543/544, Chapter 5. [Available for purchase here](#).

"Community Schools: Working Toward Institutional Transformation". Los Angeles, CA: Author. Center for Mental Health in Schools. (2008). <http://smhp.psych.ucla.edu/pdfdocs/csinstitutionaltrans.pdf>

"Growth and Disparity: 10 Years of U.S. Public School Construction - 21st Century School Fund", Washington, DC: 21st Century School Fund, (2006). [Available online here](#).

"Helping Johnny Walk to School: Policy Recommendations for Removing Barriers to Community-Centered Schools". Renee Kuhlman. (2009). *National Trust for Historic Preservation*. <http://www.preservationnation.org/issues/historic-schools/helping-johnny-walk-to-school/helping-johnny-walk-to-school.pdf>

"Travel and Environmental Implications of School Siting." Reid Ewing, William Greene in conjunction with the US EPA's Office of Policy, Economics, and Innovation. (October 2003). *US Environmental Protection Agency*. [Available online here](#).

"Why Johnny Can't Walk to School: Historic Neighborhood Schools in the Age of Sprawl". Constance E. Beaumont with Elizabeth G. Pianca, with a preface by Richard Moe. (October 2002). *National Trust for Historic Preservation*. [Available online here](#).

STATE POLICY

Safe Routes to School National Partnership State Network Project Reports

Establishing a Safe Routes to School State Network Project: A 10-Step Guide. Deb Hubsmith, Robert Ping. (March 2008) Fairfax, California: Safe Routes to School National Partnership.
http://www.saferoutespartnership.org/media/file/SRTS_10stepguide_State_Network.pdf

Safe Routes to School State Network Project: 2007 Annual Progress Report: Building Diverse Partnerships and Action Plans. Deb Hubsmith, Robert Ping. (March 2008) Fairfax, California: Safe Routes to School National Partnership.
http://www.saferoutespartnership.org/media/file/SRTS_Annual_Report_07.pdf

Safe Routes to School State Network Project: 2008 Annual Progress Report: Building Momentum and Policy Change Deb Hubsmith, Margo Pedroso, Robert Ping. (November 2009). Fairfax, California: Safe Routes to School National Partnership.
http://www.saferoutespartnership.org/media/file/SRTS_FinalStateNetworkReport_Nov09.pdf

Safe Routes to School State Network Project: 2009 Policy Report: Moving to the Future: Building on Early Achievements. Deb Hubsmith, Robert Ping. (March 2009) Fairfax, California: Safe Routes to School National Partnership.
<http://www.saferoutespartnership.org/media/file/SRTS-09-FinalPolicy.pdf>

Safe Routes to School: State Networks Create Policy Change. Deb Hubsmith, Margo Pedroso, Robert Ping. (September 2008) Fairfax, California: Safe Routes to School National Partnership.
http://www.saferoutespartnership.org/media/file/SafeRoutes.graphics.FINAL_lowres.pdf

State Safe Routes to School Programs

[*Implementation Challenges with the Federal SRTS Program: An Examination of Title 23 Regulations, the Impact on Project Costs and Timing, and Opportunities for More Efficient Project Delivery*](#) provides background on the existing regulatory processes, identifies best practices that many state DOTs are already undertaking, and proposes legislative and administrative solutions that could make SRTS projects more efficient, without undermining important environmental and labor projections.

[*Making the Most of Non-Infrastructure Safe Routes to School Funds*](#) includes examples of various programs and approaches states are using to help increase the number and quality of non-infrastructure programs, which will also lead toward more walking and bicycling to school in a safe manner, goals of the federal program.

Complete Streets

[*Complete Streets: Making roads safe for all users*](#)

Curriculum

[Curriculum: Youth Bicycle and Pedestrian Safety Education Curriculum
Local Models and State Recommendations](#)

Fine-based Funding

[Fine-based funding resources for Safe Routes to School: Local models and State
Recommendations](#)

Joint Use Agreements

[Addressing Childhood Obesity through Shared School Facilities](#)

Legislation

[Safe Routes to School State Legislation: Programs and Funds](#)

Low-Income Communities

[Serving Low-Income Communities through SRTS: State Challenges and Solutions](#)

School Bus Cuts

[Address School Bus Costs through Walking and Bicycling: State Policies and Local Models](#)

School Siting

[Location Affects the Potential to Walk or Bike](#)

[Planning for Schools and Livable Communities](#)

Strategic Highway Safety Plan

[Potential Funding for Safe Routes to School](#)

Wellness Policies

[School Wellness Policies: Local Models and State Recommendations](#)

[School Wellness Policies: Legislative Policy Brief - FINAL](#)

REGIONAL POLICY

Dangerous by Design: Solving the Epidemic of Preventable Pedestrian Deaths (and Making Great Neighborhoods). Michelle Ernst, Lilly Shoup (2009). Washington, DC: Transportation for America.
<http://t4america.org/blog/2009/11/09/dangerous-by-design/>

* contains regional crash statistics from all states

LOCAL POLICY

“The Built Environment: Designing Communities to Promote Physical Activity in Children.” June M. Tester, MD, MPH. Policy Statement, *Pediatrics*, Volume 123, Number 6, June 2009. Elk Grove Village, IL: American Academy of Pediatrics.

http://pediatrics.aappublications.org/cgi/content/full/123/6/1591?maxtoshow=&hits=10&RESU_LTFORMAT=&fulltext=June+Tester&searchid=1&FIRSTINDEX=0&sortspec=relevance&resourcetype=HWCIT.

School Bicycling and Walking Policies: Addressing Policies that Hinder and Implementing Policies that Help. Deb Hubsmith, Robert Ping, National Center Staff. (August 2009). Fairfax, California and Chapel Hill, North Carolina: Safe Routes to School National Partnership and the National Center for Safe Routes to School.

http://www.saferoutespartnership.org/media/file/barrier_policy_tip_sheet.pdf

II. PROGRAM IMPLEMENTATION

STATE PROGRAM IMPLEMENTATION

Addressing the Needs of Low-Income Communities: Best Practices from and for State SRTS Programs. Deb Hubsmith, Margo Pedroso, Robert Ping. (April 2009) Fairfax, California: Safe Routes to School National Partnership. <http://www.saferoutespartnership.org/state/5764/232695>

Five Steps to Federal Funding: A Brief Explanation of the Safe Routes to School Program Process. Robert Ping. (March 2010) Portland, Oregon: Safe Routes to School National Partnership. <http://www.saferoutespartnership.org/media/file/Five Steps to Federal Funding.pdf>

Making the Most of Non-Infrastructure Safe Routes to School Funds. Deb Hubsmith, Robert Ping. (November 2009) Fairfax, California: Safe Routes to School National Partnership. <http://www.saferoutespartnership.org/media/file/Non Infrastructure 11 3 09.pdf>

Safe Routes to School (SR2S) Programs: Guiding Principles. Deb Hubsmith, Robert Ping. (November 2005) Fairfax, California: Safe Routes to School National Partnership http://www.saferoutespartnership.org/media/file/Guiding_Principles.pdf

Safe Routes to School: Putting Traffic Safety First: How Safe Routes to School Initiatives Protect Children Walking and Bicycling. Deb Hubsmith, Kristin Gavin, Margo Pedroso. (December 2009) Fairfax, California: Safe Routes to School National Partnership. http://www.saferoutespartnership.org/media/file/Safety_report_final.pdf

Safe Routes to School State: Steps to a Greener Future: How walking and bicycling to school reduces carbon emissions and air pollutants. Deb Hubsmith, Margo Pedroso. (December 2008) Fairfax, California: Safe Routes to School National Partnership.

http://www.saferoutespartnership.org/media/file/SRTS_GHG_lo_res.pdf

Safe Routes to School: Improves the Built Environment. Deb Hubsmith, Robert Ping. (December 2008) Fairfax, California: Safe Routes to School National Partnership.

http://www.saferoutespartnership.org/media/file/SRTS_built_environment_lo-res.pdf

Safe Routes to School: Leads to Greater Collaboration with Public Health and School Officials. Deb Hubsmith, Brooke Driesse. (December 2008) Fairfax, California: Safe Routes to School National Partnership.

http://www.saferoutespartnership.org/media/file/SRTS_Collaboration_Public_Health_School_Officials_lo_res.pdf

Safe Routes to School: Increases Physical Activity and Improves Health. Deb Hubsmith, Brooke Driesse, Robert Ping, Margo Pedroso. (September 2008) Fairfax, California: Safe Routes to School National Partnership.

http://www.saferoutespartnership.org/media/file/SafeRoutes_Health_Sept08_lowres.pdf

Safe Routes to School: 2007 State of the States Report. Deb Hubsmith, Robert Ping, Kathy Gutowsky, Brooke Driesse, Sharon Roerty, Sarah Strunk, Risa Wilkerson. (October 2007) Fairfax, California: Safe Routes to School National Partnership.

http://www.saferoutespartnership.org/media/file/rpt_SRTSstates2007.pdf

Take Action Statewide: Take Action Now in Your State to Shape the Safe Routes to School Program. Deb Hubsmith, Robert Ping. (2009) Fairfax, California: Safe Routes to School National Partnership.

<http://www.saferoutespartnership.org/state/5764/takeaction>

LOCAL PROGRAM IMPLEMENTATION

City-Safe Routes to School: Pilot Programs – 2006. Sharon Z. Roerty (2006) Bethesda, MD: Active Living Resource Center and the National Center for Bicycling and Walking.

http://www.activelivingresources.org/assets/City-SRTS_report_fnl.pdf

Creating Your Action Plan: The 5Es for Safe Routes to School.

<http://www.saferoutespartnership.org/local/4191/4219>

Making the Most of Non-Infrastructure Safe Routes to School Funds. Deb Hubsmith, Robert Ping. (November 2009) Fairfax, California: Safe Routes to School National Partnership.

http://www.saferoutespartnership.org/media/file/Non_Infrastructure_11_3_09.pdf

Safe Routes to School: A Great Way to Get Youth with and without Disabilities More Active. James Rimmer, Ph.D (December 2008) Chicago, Illinois: National Center on Physical Activity and Disability, University of Illinois at Chicago.

http://www.ncpad.org/director/fact_sheet.php?sheet=602§ion=2718

Safe Routes to School Local School Project: A health evaluation at 10 low-income schools. Jill F. Cooper, Tracy E. McMillan. (February 2010) Berkeley, California and Flagstaff, Arizona: Safe Transportation Research and Education Center and PPH Partners.

http://www.saferoutespartnership.org/media/file/Health_Evaluation_Feb_2010.pdf

Safe Routes to School Local School Project: Expanding Evaluation Tools and Methods – Description of the Evaluation Project, February 2008 – November 2009). Deb Hubsmith, Robert Ping. (November 2009) Fairfax, California: Safe Routes to School National Partnership.

http://www.saferoutespartnership.org/media/file/Description_SRTS_Local.School.Evaluation_10_08.doc

Safe Routes to School Local School Project: Health Evaluation Timeline. Deb Hubsmith, Robert Ping. (November 2009) Fairfax, California: Safe Routes to School National Partnership.

http://www.saferoutespartnership.org/media/file/SRTS_Evaluation_Timeline_10_08.doc

Safe Routes to School National Partnership: Final Position Paper on Students with Disabilities. Deb Hubsmith, Robert Ping. (November 2009) Fairfax, California: Safe Routes to School National Partnership.

http://www.saferoutespartnership.org/media/file/Serving_Students_with_Disabilities_SRTSNP_11_4_09_FINAL.pdf

Safe Routes to School National Partnership Local School Project: Evaluation Handbook. Tracy E. McMillan, Jill F. Cooper. (September 2008) Flagstaff, Arizona and Berkeley, California: PPH Partners and UC Berkeley Traffic Safety Center.

http://www.saferoutespartnership.org/media/file/SRTS.Eval.Handbook-Final_9_08.pdf

Safe Routes to School National Partnership Local School Project: Logic Model. Deb Hubsmith, Robert Ping. (October 2008) Fairfax, California: Safe Routes to School National Partnership.

http://www.saferoutespartnership.org/media/file/SRTS.logic.model_10_7_08.doc

Safe Routes to School State Network Project: 2007 Annual Progress Report: Building Diverse Partnerships and Action Plans. Deb Hubsmith, Robert Ping. (March 2008) Fairfax, California: Safe Routes to School National Partnership.

http://www.saferoutespartnership.org/media/file/SRTS_Annual_Report_07.pdf

Steps towards a Healthier and Greener Future: Simple Steps to Get Started with Safe Routes to School Resources and Information for Schools.

http://www.saferoutespartnership.org/media/file/school_resources--health_and_green_version.pdf

Ten Tips for Safe Routes to School Programs and Liability. Lauren Marchetti. Chapel Hill, North Carolina: National Center for Safe Routes to School.

<http://www.saferoutesinfo.org/resources/collateral/liabilitytipsheet.pdf>

Traffic Congestion Around Schools. Nancy G. La Vigne. (2007) Washington, DC: Office of Community Oriented Policing Services, U.S. Department of Justice.

<http://www.cops.usdoj.gov/RIC/ResourceDetail.aspx?RID=435>

Walking and Bicycling to School and the Heavy Backpack. Deb Hubsmith, Robert Ping. (February 2008) Fairfax, California: Safe Routes to School National Partnership.

http://www.saferoutespartnership.org/media/file/The_Heavy_Backpack_Final.pdf

The Walking School Bus: Combining Safety, Fun and the Walk to School. National Center for Safe Routes to School, the Pedestrian and Bicycle Information Center. [Available here.](#)

III. OTHER

RESEARCH

Safe Routes to School Quick Facts. Margo Pedroso (2008) Fort Washington, MD: Safe Routes to School National Partnership.

<http://www.saferoutespartnership.org/mediacenter/quickfacts>

Addressing Pedestrian and Bicyclist Safety

The research in this section identifies patterns of active transportation, injury, environmental attributes associated with pedestrian safety, as well as successful strategies to increase safety implemented by Safe Routes to School projects.

<http://www.saferoutespartnership.org/mediacenter/research/231497>

Impact of Physical Activity on Obesity and Health

This webpage highlights links to academic literature that speaks to the overall health benefits of physical activity, specifically walking to and from school, as well as the impact that increased physical activity opportunities have on current obesity and health trends in the US.

<http://www.saferoutespartnership.org/mediacenter/research/230339>

The Influence of the Built Environment on Travel Behaviors

This section highlights research suggesting that the make-up of streets and the built environment can play a role in physical activity promotion and active travel behaviors, especially among children to and from school.

<http://www.saferoutespartnership.org/mediacenter/research/231317>

Key Research Topics

Here is a link to a list of critical areas where additional research is needed. The Partnership has held meetings with state and federal policy makers and funders which have revealed that quantifying these issues will be important for the future of Safe Routes to School.

<http://www.saferoutespartnership.org/mediacenter/research/229973>

Practitioner Information

The literature in this section relates to vehicle emissions, air pollution, travel behaviors, and health opportunities.

<http://www.saferoutespartnership.org/mediacenter/research/231945>

The Relationship between Physical Activity, Weight, and Academic Achievement

This section includes links to literature investigating the relationship between physical activity, body weight, and academic performance.

<http://www.saferoutespartnership.org/mediacenter/research/231169>

Traffic Congestion and Transportation Trends

This section is a collection of transportation-related research addressing rates of active travel as well as walking and bicycling trends.

<http://www.saferoutespartnership.org/mediacenter/research/231612>

Travel Impacts on Air Quality and Greenhouse Gases

The literature in this section relates to vehicle emissions, air pollution, travel behaviors, and health opportunities.

<http://www.saferoutespartnership.org/mediacenter/research/231805>

LEGISLATION/LOBBYING

A Toolkit for Building Congressional Champions for Safe Routes to School

<http://www.saferoutespartnership.org/national/164969/165778>

Lobbying vs. Education Rules and Regulations

<http://www.saferoutespartnership.org/national/164969/166232>